Hennepin County Adult Mental Health Local Advisory Council

2025-2027 Unmet Needs Recommendations

1. Improve awareness of existing adult mental health options

- Utilize peer support and peer navigation for services.
- o Centralized website for information inclusive of different demographics.
- Improve visibility of mental health urgent care models like 1800 Chicago, Empath units in hospitals, and short term supports.

2. Strengthen strategies to avoid emergency department usage

- Timely response times and less police involvement for behavioral health crisis response interventions.
- o Increase awareness of existing hot lines (e.g., 988, Cope, etc.).
- Extend mental health urgent care sites outside of Minneapolis (e.g., expansion of 1800 Chicago to broader areas of the county).
- Expand person-centered response models (e.g., countywide Smart 911 integration).

3. Advance coordination across multiple system partners

- Explore and promote community-based cohort care model to intervene as groups to service encampments before closure.
- Consistently discharge people to a place where they can maintain their wellbeing.
- Support and expand mental health trained navigators who can make connections for people seeking supports and services.

4. Ensure a care model that supports intervention, treatment, and recovery for people with co-occurring conditions...mental health and substance use

- Establish parity across all mental health and addiction services.
- Center a community integration model that supports individual's unique needs including co-occurring conditions.
- o Involve caregivers in care models of those seeking treatment.

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