

**RESOLUTION**

**Board of Hennepin County Commissioners**

**RESOLUTION: 26-0066**

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At a meeting of the Board of Hennepin County Commissioners, a motion was made by Commissioner Conley, and seconded by Commissioner Fernando, that the Resolution be adopted. The motion passed.

WHEREAS, Heart disease is the leading cause of death for all genders, and people of most racial and ethnic groups in the United States; and

WHEREAS, Heart disease cost the United States about \$414 billion annually from 2021 to 2022, including the cost of health care services, medicines, and lost productivity due to death, according to the American Heart Association; and

WHEREAS, Heart disease is the No. 1 killer of women, causing 1 in 3 deaths each year. It's a third of our mothers, sisters, friends, neighbors, coworkers and more. It's a third of the women we can't bear to live without; and

WHEREAS, Heart disease is the No. 1 killer of new moms and accounts for over one-third of maternal deaths. Black women have some of the highest maternal mortality rates; and

WHEREAS, Heart disease is the second leading cause of death to Hennepin County residents, with more than 12,000 deaths occurring between 2013 and 2021; and

WHEREAS, Significant health disparities persist, with U.S.-born Black and American Indian/Indigenous residents in Hennepin County, and people with disabilities experiencing significantly higher rates of hypertension compared to the county averages; and

WHEREAS, Hennepin County Public Health works with partners throughout the county on community driven policy and systems level approaches to prevent heart disease through active living, healthy eating, and commercial tobacco-free living; and

WHEREAS, The Centers for Disease Control and Prevention (CDC) encourages everyday prevention through physical activity, healthy eating, stress reduction, managing blood pressure, and working with a primary care provider to manage and prevent heart disease; and

WHEREAS, This February, following an investment and campaign that Hennepin County started in 2025- the County in partnership with community is urging women to take care of their heart health through the "Your Heart Beats for Generations" campaign - meaning take care of your health for yourself, your family, and your community.

**Resolution:**

BE IT RESOLVED, that the Hennepin County Board of Commissioners proclaims February as Heart Health month in Hennepin County, in recognition of the importance of the ongoing fight against heart disease, and of the need for policies systems and environments that support heart

healthy communities for all residents

**Recommendation from County Administrator:** No Recommendation

RESOLUTION ADOPTED ON 2/12/2026

The question was on the adoption of the resolution with the votes as follows:

**Aye:** 5 Commissioner Fernando, Commissioner Goettel, Commissioner Greene, Commissioner Conley, and Commissioner Edelson

**Absent:** 2 Commissioner Lunde, and Commissioner Anderson

**Maria Rose**



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Maria Rose