

RESOLUTION

Board of Hennepin County Commissioners

IMMEDIATE APPROVALS: 25-0064

At a meeting of the Board of Hennepin County Commissioners, a motion was made by Commissioner Conley, and seconded by Commissioner Goettel, that the Immediate Approvals be adopted. The motion passed.

WHEREAS, Heart disease is the leading cause of death for all genders, and people of most racial and ethnic groups in the United States; and

WHEREAS, Heart disease cost the United States about \$252 billion annually from 2019 to 2020, including the cost of health care services, medicines, and lost productivity; and

WHEREAS, Heart disease is the number 1 killer of women, causing 1 in 3 deaths each year. It's a third of our mothers, sisters, friends, neighbors, coworkers and more. It's a third of the women we can't bear to live without; and

WHEREAS, Heart disease is the number 1 killer of new moms and accounts for over one-third of maternal deaths. Black women have some of the highest maternal mortality rates; and

WHEREAS, Heart disease is the second leading cause of death to Hennepin County residents, with more than 12,000 deaths occurring between 2013 and 2021; and

WHEREAS, Significant health disparities persist, with U.S.-born Black and American Indian/Indigenous residents in Hennepin County, and people with disabilities experiencing significantly higher rates of hypertension compared to the county average; and

WHEREAS, Hennepin County Public Health works with partners throughout the county on community driven policy and systems level approaches to prevent heart disease through active living, healthy eating, and commercial tobacco-free living; and

WHEREAS, The Centers for Disease Control and Prevention (CDC) encourages everyday prevention through physical activity, healthy eating, stress reduction, managing blood pressure, and working with a primary care provider to manage and prevent heart disease; and

WHEREAS, This February, Hennepin County in partnership with community is urging women to take care of their heart health through the "Your Heart Beats for Generations" campaign - meaning take care of your health for yourself, your family, and your community.

Resolution:

BE IT RESOLVED, that the Hennepin County Board of Commissioners proclaims February as Heart Health Month in Hennepin County, in recognition of the importance of the ongoing fight against heart disease, and of the need for policies, systems and environments that support heart healthy communities for all residents.

RESOLUTION ADOPTED ON 1/28/2025

The question was on the adoption of the resolution with the votes as follows:

Aye: 7 Commissioner Fernando, Commissioner Greene, Commissioner Conley, Commissioner Lunde, Commissioner Edelson, Commissioner Anderson, and Commissioner Goettel

Maria Rose



Maria Rose